

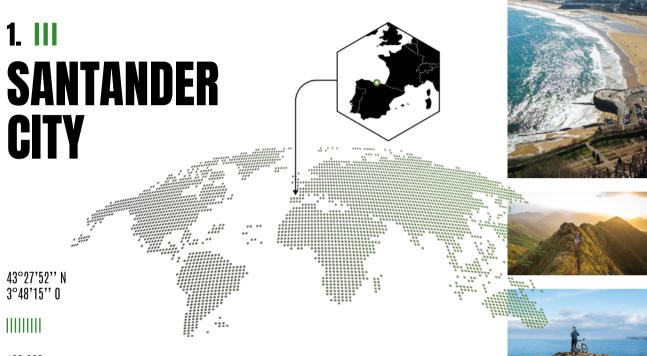


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180.000 Inhabitants

5 MINUTES FROM THE AIRPORT

Santander is the capital city of the province of Cantabria. Located on the northern coast of Spain and surrounded by a natural paradise it offers multiple options not only for football lovers but also for those interested in other sports such as surfing, hiking, cycling, climbing...etc.



The city has a population of about **180,000 inhabitants**. In addition to its architectural and landscape beauty, it stands out especially for its ease of getting around and its safety.

Just 10 km away from the city we find the "Seve Ballesteros" International Airport from which we can find national and international flights to interesting destinations such as Madrid, Ibiza, London or Paris. As you can see our city brings the perfect combination to develop football talent to the fullest in an idyllic, safe and attractive environment.



## 2. III REAL RACING CLUB

Real Racing Club is a **historic Spanish football** club with more than 100 years of history. It is one of the **founding clubs of LaLiga in 1928** and has participated for 44 seasons in the First Division of Spanish football, being runner-up once.









The club has also participated in **international competitions and has played in two Copa del Rey semi-finals**. These data shows the relevance of a reference club in Spanish football, being ranked number 15 in the historical LaLiga ranking.

During all these years since its founding there has been a common denominator: the role of **players from grassroots football**. Our history tells us that whenever there has been a commitment to young players they have far exceeded the expectations created.

Cantabria has always been a great setting for talent. Players like Quique Setién, José Ceballos, Gonzalo Colsa, Pedro Munitis, Iván Marcano, Álvaro González, Sergio Canales or the recently signed by F.C. Barcelona Pablo Torre are some of the players who grew up and were trained in our academy to succeed not only in Racing but in other national and international teams.





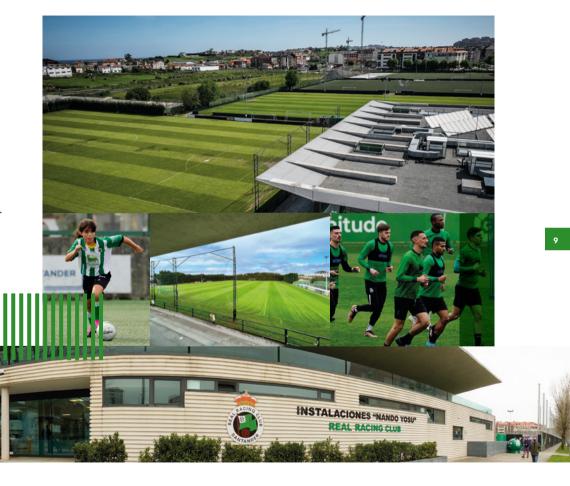


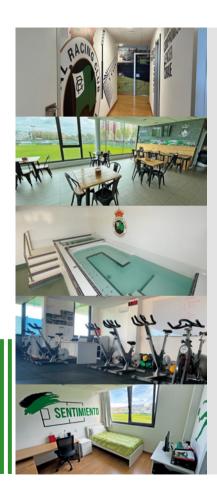
Inaugurated on August 20, 1988, it has a capacity of

It has hosted matches not only of Real Racing Club but also of the Spanish National Team.

## SPORT COMPLEX

We have a sports complex dedicated exclusively to improving the players performance in all aspects, prioritizing a pleasant and comfortable work environment.





#### SPORTING EQUIPMENT AND SERVICES

....

4 pitches
 (2 artificial grass
 and 2 natural grass).

o 2 gyms.

Medical staff.

Physiotherapist.

Injury rehabilitation.

Nutritionist.

Psychologist.

## RESIDENTIAL EQUIPMENT AND SERVICES

.....

o Residence.

Cafeteria.

Laundry service.

Housekeeping.

24h security service.

• Free WIFI.

o Common zones.

Leisure areas.

### 4. III FUTBOX

Located 2 minutes away from Santander airport and 10 minutes away from the city center we can find Futbox Santander indoor training facilities. They have all the equipment and the professionals needed to take player performance to the next level.

- Two seven-a-side pitches.
- LED Technology.
- Padbol court.
- o Gym.











### 5. III ACADEMY STRUCTURE

#### **FEMALE**

- Racing Female A
- Racing Female B
- Racing Female C
- o Infantil U14
- Alevín U12



#### MALE

- Alevín B U11
- o Alevín A U12
- o Infantil B U13
- o Infantil A U14
- Cadete B U15
- o Cadete A U16
- Juvenil B U17
- Juvenil A U19
- o Rayo Cantabria U23

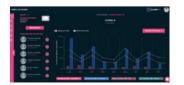




#### **6.** III

## TECHNOLOGY AT THE SERVICE OF THE PLAYER

Real Racing Club puts the best technology at the player's service in order to design the work plan to follow during their stay in the most individualized way. The data is saved and analyzed in the club's management software allowing the personal development and performance of the players to be continually evaluated.





## RACING EXPERIENCE PROGRAMS

I.P.P.
INDIVIDUAL PLAYER PLAN

PERFORMANCE

**PLAYER** 

COACH

**METHODOLOGY** 

#### TRAINING FOCUSED ON THE PLAYER

We welcome players for both long and short-term stays.

The main focus of the program is individual player improvement. Our training methodology establishes a comprehensive approach where we place the player as protagonist of his own learning. We focus on his individual profile establishing concrete objectives at a technical, tactical, physical and psychological level which allows us to develop his talent. After going through our programs the player will be fully aware of his abilities and will have both enhanced his strengths and analyzed his shortcomings which will generate an improvement in his performance.



## SHORT STAY PROGRAMS FOR GROUPS

Program for academies, teams, federations and other entities that want to live a combined football and tourism experience.

As it is a short stay a visa application may not be necessary depending on the nationality.



#### LENGTH OF STAY FROM 7 TO 10 DAYS

Adaptable at the request of the participants

#### THE PROGRAM INCLUDES



- Full board accommodation at Real Racing Club Sport Complex.
   Depending on demand it may be outsourced to nearby residences.
- From three to four individual trainings at Futbox Santander.
- From one to two training lessons in beach football mode.
- El Sardinero Stadium tour.
- Attendance at a first team home game during the regular season.

- Practice and/or play a friendly game with the Racing Academy or local partnered clubs.
- Guaranteed scouting by the Real Racing Club coaches, giving access to the Talent Program for long stays.
- One day of sightseeing around the bay and the historic center of Santander.
- Performance player coach methodology individual player plan
- Full coverage of minor discomforts and injuries by the club's medical services.
- Airport and activities transfers.
- Official training kit.

#### EXTRA COST-ADDED ACTIVITIES:

- Cultural and linguistic immersion classes.
- Individual report.
- Individual video analysis.
- Individual injury prevention program.
- Anthropometric report.
- Visit to nearby stadiums (Athletic Bilbao, Sporting de Gijon, etc.).
- Visit to Cabarceno Nature Park.



## SHORT STAY PROGRAMS FOR PLAYERS

Program offered to players from anywhere in the world who want to take themselves to the next level.

As it is a short stay a visa application may not be necessary depending on the nationality.



#### LENGTH OF STAY

#### FROM 1 TO 3 MONTHS

#### Adaptable at the request of the participants

#### THE PROGRAM INCLUDES



- Full board accommodation at Real Racing Club Sport Complex.
   Depending on demand it may be outsourced to nearby residences.
- Three to four individual trainings per week at Futbox Santander.
- From three to four trainings
   in the afternoons with the Real
   Racing Club Academy teams.
   Always under the discretion of the
   management and depending on
   the federative status of the player.

- Trainings may also be carried out with local partnered clubs.
- Participation in league games or tournaments. Always under the discretion of the academy director and depending on the federative status of the player.
- Tactical talks and video sessions.
- Individual report.
- o Injury prevention report.
- Full coverage of minor discomforts and injuries by the club's medical services.

- Assistance in visa application.
- Airport and activities transfers.
- o Official training kit.
- Spanish lessons.

#### LONG STAY PROGRAM FOR PLAYERS

The perfect program for players who want to maximize their football level and academic learning by experiencing total cultural immersion..



#### LENGTH OF STAY ACADEMIC COURS

From September to June

#### THE PROGRAM INCLUDES



- Full board accommodation at Real Racing Club Sport Complex. Depending on demand it may be outsourced to nearby residences.
- Academic education or language lessons at international school with schedules compatible with football trainings.
- Three to four individual trainings per week at Futbox Santander.
- o From three to four trainings in the afternoons with the Real Racing Club Academy teams. Always under the discretion of the management and depending on the federative status of the player. Trainings may also be carried out with local partnered clubs.

- Participation in league games or tournaments. Always under the discretion of the academy director and depending on the federative status of the player.
- Coverage of minor discomforts and injuries by the club's medical services.
- Transfers: Private transportation to carry out the scheduled activities, airpor transfers, school attendance, hospitals or clinics in case of illness... etc.
- Individual report.
- o Injury prevention report.
- Periodic report on sports, academic and behavioral performance.

- Assistance in visa application.
- Official training kit.
- Pack de ropa oficial.
  - **Tickets** for the first team home games.
- Depending on the performance, the possible integration into one of the Real Racing Club grassroots football teams within the Talent Program will be assessed.



### 8. III STANDARD WEEK

#### **EXAMPLE**

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	Monday	Tuesday	Wednesday	Thursday	Friday	Satuday	Sunday	
8:00 / 10:00 h	Breakfast and activation							
10:00 / 12:00 h	Futbox	Spanish Iessons	Futbox	Spanish Iessons	Futbox	Time off (Study or rest)	Assistance to U23 game	
14:00 / 16:00 h	Lunch and break time							
16:00 / 18:00 h	Study time	Study time	Study time	Study time	Study time	Futbox or assistance to his team game	Futbox or assistance to Racing First Team game	
18:00 / 20:00 h	Tactical video talk + Team Training	Time off	Team Training	Friendly Game	Team training			
20:00 / 22:00 h	Dinner							

The activities and their distribution may change depending on the week and the discretion of the Academy Director.

# PACING ACADEMIES AROUND THE WORLD

Do you want to partner with Racing?

With the opening of the Racing Academies we seek to expand our identity across the world promoting an education not only in sports but also in values, which helps our players to be better people in the future.

We partner with local companies and entities providing our brand and all the knowledge of our different departments to guarantee that our seal of excellence is maintained by the best professionals.



## 10. III CAMPS & DRAFTS RACING

We develop specific activities in all territories of the world. With the creation and implementation of the Racing Camps we give players the opportunity to practice for a few days under the Real Racing Club methodology.

On the other hand, the Draft programs are focused on helping those academies or entities that are looking for an opportunity in the professional world for their players in scouting and detecting young talent.



## TRAINING COURSES

It's not just football players who can benefit from our programs. With the Real Racing Club training courses we open the door to all coaches, fitness coaches, tactical analysts and other football professionals interested in getting to know the day-to-day life of a professional club from the inside.

Our training programs seek to promote significant learning by combining theory and practice. In this way attendees can enjoy a complete learning experience with examples of real application to football from experts, professionals and former Racing players.

#### THEORETICAL TRAINING

- Football Methodology: Training method at Real Racing Club.
- Talent development from the beginning: Detect deficiencies and enhance virtues.
- Sports excellence: Importance of individual work.
- Fitness training: Physical and conditional work by categories.
- Return to Play: Understanding the readaptation process.
- Comprehensive player development: Values, habits and behaviors.
- Optimizing performance through data.
- The specific training of goalkeepers.
- Tactical analysis: Opponent and own team.
- Analysis of a microcycle competition of Real Racing Club.

#### PRACTICAL Training

- Monitoring of a microcycle of Real Racing Club competition (2nd Division) including attendance and live analysis of a match.
- On-field monitoring of the grassroots football work of the Real Racing Club.
- o Attendance at an official LaLiga game (Athletic Bilbao, Real Sociedad, Alavés, Osasuna...).
- Attendance at official Real Racing Club Academy games.

#### THE PROGRAM INCLUDES

- Full board accommodation at the Racing Club Sport Complex.
- Transfers from the airport and to all the activities scheduled.
- Presentations by technical staff
   of Real Racing Club 1st and U23
   team.
- Official training kit.

- Guided tour of the El Sardinero stadium and its museum.
- Tickets for all events.
- Supplies.

\* The program may be

### 12. III CHRONOLOGY

PHASE 1

CONTACT

If you are interested in our programs please contact the admissions department for more information and to arrange an interview at: internacional@realracingclub.es international@realracingclub.es +34 655 329 778

PHASE 2

INTERVIEW

A telematic interview will be arranged with the candidate and the family to know about their interest in the program and expectations. Academic and sports CV and injury history will be requested.

PHASE 3

**EVALUATION AND SELECTION** 

Our admission department will evaluate the candidacy jointly with the Academy Director. PHASE 4

ADMISSION

An official notification will be sent to the candidate informing him/her of the acceptance as well as the next steps to follow.



You can contact us through:

internacional@realracingclub.es international@realracingclub.es +34 655 329 778 We are also in:

A

@realracingclub



@realracingclub



@realracingclub



@realracingclub



@realracing clubs ant andersad



realracingclub.es

WE ARE WAITING FOR YOU!



INTERNATIONAL ACADEMY REAL **RACING** CLUB



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